# BRIEFING BRADFORD



#### **Thirty Sixth Issue!**

We would like to use this opportunity to thank you all for your support, subscribing and advertising with us. Currently 1659 people receive this mailing, keep sharing and watch this number rise!

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#### **DISTRICT NEWS**

#### **Job Opportunities for qualified Counsellors**

Step 2 is a unique project in Bradford which offers counselling to children and young people aged 5 – 19 years in primary schools, secondary schools and at various locations in the local community. We are passionate about providing the very best service to some of the most vulnerable children and young people in Bradford and the surrounding areas.

#### **Extended Access Service**

Step 2 are hoping to increase our offer of counselling in the extended access service, to young people aged 16 – 25 years, which operates between 18:30 and 21:30 at a range of health centres around Bradford, alongside clinical services.

You will join our dedicated and growing team who currently offer counselling to around 100 young people per week in a range of settings.

This is an exciting opportunity for qualified Person Centred Counsellors (minimum Diploma) who have some experience of working with young people and who are passionate about this area of work. You will be flexible in your approach and be well supported in your work.

#### £15 - £20 per hour (dependant on experience)

Step 2, 102 Tong Street, Bradford, BD4 6HD For an informal discussion contact Pauline Mullarkey on <u>07985 127097</u> For an application pack please email <u>pauline@step2.org.uk</u>

Closing Date - Friday 21st February 2020



#### **Sustainability Workshop**

A team from Locality supported by Community Action Bradford and District will be delivering the workshops on sustainability as part of the Keep It Local programme. The workshop is ideal for voluntary organisations wanting to explore or develop their contract-readiness, and understanding how to make the most of the opportunities presented by personalised budgets.

They will bring experience and tips about the above, but also get you to think about your organisation and bring you tailored tools and worksheets to help you think about where you are at, and what next steps you need to take to get to where you want to be.

Please book for either of these sessions by clicking the links below:

Monday 24th Feb, 10:00 - 13:00

The View room, Margaret McMillan Towers, BD1 1NN book now

Thursday 5<sup>th</sup> March, 10:00 – 13:00

Central Hall, Keighley, BD21 3JD book now





WE'RE HERE TO HELP YOU!

# COMMUNITY PAYROLL & ACCOUNTS

We offer a comprehensive payroll service to meet the needs of your Voluntary/Community organisation.

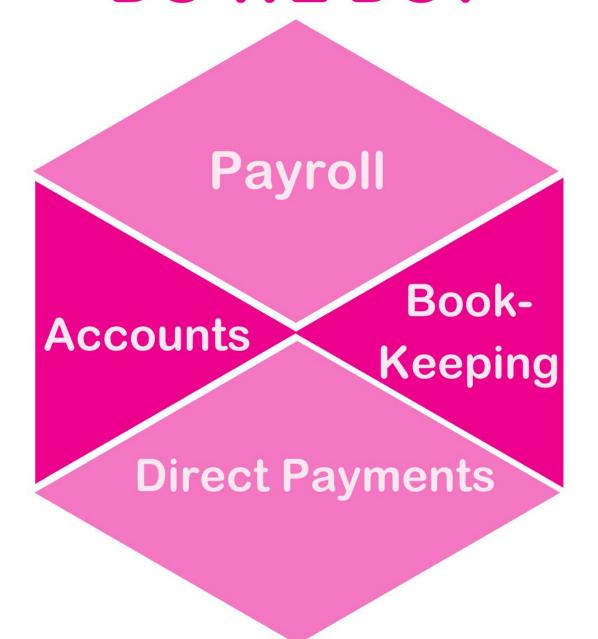
We can provide practical support, information and advice on any aspect of PAYE, and other payroll related issues.

We also offer a Direct Payment service.

Visit www.bradfordcpa.co.uk for more information on how we can help your organisation

Get social! Follow us on Twitter @braford\_cpa

## SO WHAT EXACTLY DO WE DO?



These are just some of the services we offer. Why not speak to us to find out what else we can support you with?

#### **DISTRICT NEWS**

#### Get with the plan

Following extensive engagement, the <u>West Yorkshire</u> and Harrogate Health and Care Partnership (WYHHCP) has published a refreshed <u>DRAFT Five-Year Plan</u>. WYHHCP brings together all health and care organisations - NHS services, local authorities, and the VCSE - in our six places: Bradford District and Craven, Calderdale, Harrogate, Kirklees, Leeds and Wakefield.

Although still a draft – further tweaks may be required as the government rolls out its plans nationally – we encourage our readers to get on board.

It aligns well strategically with other plans (NHS Long Term Plan, Public Health England Strategy 2020-25) but goes beyond - reflecting local issues and emphases. With sections on the Partnership itself, Our vision: Our aims for the next five years, Improving health and wellbeing, Transforming services, Our priority areas, and Supporting work programmes, it also looks at the Partnership's approach to involving patients, service users and the public, the role of the VCSE, Primary Care Networks and much more.



Annual Report

## Community Action's Annual Report is LIVE now!

Take a look inside to find out what we have been up to, who we are and tips we have provided to help vou!

#### Free course will help unpaid carers to look after themselves

Unpaid carers are being invited to a free course that will help them focus on their own health and wellbeing.

Charity 'Carers' Resource' will host six weekly sessions beginning on **Friday 28th February**, featuring topics including: understanding challenging behaviours, coping with difficult thoughts and emotions, staying healthy, how to get help, and getting a good night's sleep.

The course called Caring for Me and You is aimed at anyone who, without payment, provides help and support to a friend, neighbour or relative who could not manage otherwise because of frailty, illness or disability.

Caring for Me and You runs every Friday from 28th February to 3rd April, from 10:00 – 12:30, at the Carers' Resource Shipley office. To book, call <u>01274 449660</u> or email <u>create@carersresource.org</u>



#### **DISTRICT NEWS**

#### **CNet Open Day**

A Celebration of CNet's Work: Past, Present and Future

Thursday 27 February, 11:00 – 15:00 CNet, Enterprise Hub, Manningham Lane, Bradford, BD8 7JF

Drop in to find out about CNet's projects, opportunities for partnership working and our vision for the future.

Call <u>01274 305045</u> or <u>email</u> for further information.

## Bradford District Assembly Conference

Wednesday 25 March, 9:30 – 14:00, Kala Sangam, Bradford, BD1 4TY

The key focus of this event is to celebrate work happening in local communities and to gauge the level of support needed for this work to continue. Featuring an information market place and news about district wide programmes having a positive impact on the economy of the district. More information to follow.

#### Proposed engineering works at Bingley Station

The public consultation forms part of a Diversity Impact Assessment (DIA) that is being prepared. The purpose of the DIA is to assess the impact of the proposed works on characteristics that are protected by the Equality Act. Once the potential impacts have been identified, the DIA can be used to plan ways to address these impacts wherever possible.

This consultation specifically relates to the refurbishment of several areas within the station:

- The Platform 1 waiting room (which is currently closed)
- The Platform 2 waiting room (currently open)
- The two retail/commercial units within the main station building (these are both vacant and have been for several years. The units are unusable in their current state due to water damage.)

#### It is proposed that the following works are carried out:

- External and internal refurbishment of two retail/commercial units within the main station building, to a standard where they can be leased to future tenants;
- External refurbishment of the Platform 1 waiting room; and
- External refurbishment of the Platform 2 waiting room.

The station will remain operational while the refurbishment works are carried out. The start date and duration of the works are yet to be determined.

With this in mind, they would appreciate any comments you have on how the design of the refurbishment works may impact the stakeholders you represent. They are interested to hear your thoughts on what should be considered within the design process, from a diversity and inclusion perspective. Your comments are important, as the DIA aims to ensure that the work does not have a negative effect on groups protected by the Equality Act.

Please provide your response via email before 17<sup>th</sup> February 2020. If you have any questions please feel free to get in touch <u>via email.</u>

#### **FUNDING**

## Community Business Bright Ideas Fund

Reopens on 26 February 2020. Grants and advice for new community businesses that have been trading for less than five years. Join the webinar on 3 March 2020 to find out more about the fund and application process.

#### Craven Trust deadlines in 2020.

Grants of £100 to £1,500 for community groups working in the Craven Trust area. This includes Haworth, Keighley, Oakworth, Cullingworth, Wilsden and Denholme.

## Bradford Council contract opportunity, Intergenerational Mentoring.

Deadline for expressions of interest 28/02/2020 17:00 with hope to create the conditions for more integration and 'meaningful mixing' between Bradford District's diverse communities.

## Funding news is brought to you by



## Football Foundation Grow the Game grants

Deadline 31 May 2020. Grants of up to £1,500 for the creation of new football teams for women and disabled people. Opens for applications on 26 February 2020.

#### **Woodward Charitable Trust,** summer playschemes grants.

Grants of £500 to £1,000 for registered charities to run summer playschemes for children aged 5 to 16. Projects must run for at least two weeks or ten days across the summer holidays. Deadline 3 April 2020 (12:00 noon).

#### **Safer Communities Fund**

Deadline 13 March 2020 (12:00 noon). Grants of up to £6,000. Grant round 18 will focus on applications which tackle crime and antisocial behaviour.

## Measuring Outcomes and Impact

10 March 2020. 10:00 – 13:00 at Community Action, Perkin House, Bradford - from £48

#### **COMMUNITY ACTION & VAL TRAINING**

#### How to Register as a Charity

**Date**: Tuesday 25<sup>th</sup> February

**Time**: 10:00 – 12:00

Venue: Perkin House

Cost: £10

Trainer: Chris Barker

This course is suitable for any voluntary sector group who will be thinking about registering as a charity in the near future.

This half day session will help you to understand the process of completing an online application to become a charity, what the requirements are and when you need to complete this process.

**Book Now** 

#### \*NEW\* LGBTQ+ 25<sup>th</sup> February

After this course you will feel comfortable and confident working with lesbian, gay, bisexual, transg and questioning (LGBTQ+) people and know how to be a good LGBTQ+ ally.

#### **Book Today**

### \*NEW\* Trans Awareness Session 17th March

This new course will give you an understanding and awareness of the Transgender community.

**Book Online Now** 



## Professional Boundaries & Confidentiality

**Date**: Thursday 27<sup>th</sup> February

**Time**: 13:00 – 16:00 **Venue**: Perkin House **Cost**: £48/£60/£120

**Trainer**: Steve Blackman

#### Learning outcomes

- Understand the principles of confidentiality and when it can be breached.
- Understand the importance of professional boundaries
- Awareness of strategies to maintain boundaries
- Awareness of signs that boundaries are becoming blurred

**Book Now** 

#### **First Aid Courses**

First Aid at Work – 9 - 11th March

Adult Mental Health First Aid - 24 - 25th

<u>March</u>

Annual Skills Update – 2nd April

Emergency First Aid – 7th April

## Our Adult Mental Health First aid course in March is selling out fast!







#### **COMMUNITY ACTION & VAL TRAINING**

#### **Volunteer Management Courses Support & Supervision for Volunteers**

This course is aimed at organisations that work with volunteers or are planning to work with and manage volunteers. There will be opportunities to explore examples of best practice as well as share the ideas and experiences of others.





#### Community Development/Funding **Measuring Impact and Outcomes**

10th March

This course is aimed at voluntary and community organisations who want to demonstrate the difference their project makes.

#### Starting from Scratch - 18th March

This is a FREE course for groups that are starting up and must be based in the Bradford District.

#### How to Register as a Charity - 26th

#### March

This course is suitable for any voluntary sector group who will be thinking about registering as a charity in the near future.



#### **Finance Courses**

West Yorkshire Community Accounting Services are running a number of affordable courses for groups across the Bradford District.

#### Each course costs just £10!

#### **Money Management for Community** Groups 26<sup>th</sup> February

This course is designed to give you an overview of the four financial foundations that all organisations need to understand if they are to manage their money successfully.

#### **Book Today**

**Budgeting and Cashflow** 19<sup>th</sup> March

This course will introduce participants to budgeting and cashflow.



#### \*\*Courses at Voluntary Action Leeds\*\*

Focus on Customers – 25th February

Dealing with Difficult People – <u>25th February</u>

Motivating & Retaining Volunteers – 19th March

#### **Contact Information**

Follow us on **Twitter** to stay informed about our Training

Not seen anything you like? There are more courses to choose from online.

Visit our **Training Calendar** 

Contact the training team

Email: **training@cabad.org.uk** or Call: 07419 133797

Diane Fox - Training Administrator: dianef@cabad.org.uk Cheryl Cowling - Training Administrator: <a href="mailto:cherylc@cabad.org.uk">cherylc@cabad.org.uk</a>





#### OTHER TRAINING & EVENTS

Monday	Tuesday	Wednesday	Thursday	Friday
SVVV Student Volunteering Week	11	Lesbian Gay Bisexual Trans History Month SCHOOLS OUT	13 13:00 – 15:00 Volunteer Centre Drop In 10:00 – 12:00 Interview Skills for Carers	14 13:00 – 14:30 Women's peer support group  VALENTINE'S DAY
Hot Picks Deadline 10:00 – 16:00 Barnardo's North (East) EDI Networks Day during LGBT+ History Month	18 10:00 – 12:00 <u>Volunteer</u> <u>Centre Drop In</u>	Briefing Bradford Deadline 9:00 – 16:30 Jurassic Specials	20 13:00 – 15:00 Volunteer Centre Drop In 14:00 – 17:00 LGBT+ young people training	21 18:00 – 20:00 Headingley Taps Quiz & Bingo night for Leeds Mind
24 18:00 – 20:00 Intro to Mental Health and Wellbeing Support for Refugees and Asylum Seekers	25 10:00 – 12:00 Volunteer Centre Drop In	26 10:00 – 13:00 Insider's Guide: for parents with children on the ASD waiting list	27 13:00 – 15:00 Volunteer Centre Drop In 12:30 – 13:30 Stories from Sheet Music: Piano Recital	28 9:30 – 16:30 CaBA workshop for catchment partnerships
2 Hot Picks Deadline  Beat Ecting disorders	3 10:00 – 11:30 <u>Volunteer</u> <u>Centre Drop In</u>	4 Briefing Bradford Deadline Being Aware Could Save Your Life HPV Awareness	5 13:00 – 15:00 Volunteer Centre Drop In  community starts here! #UniMentalHealthDay	6 10:00 – 12:00 <u>Craven Carer</u> <u>Forum</u>
9 Save the date WHN International Women's'Day Event	10 10:00 – 12:00 Volunteer Centre Drop In  Visible LAUCOMA	BRAIN CANCER	12 13:00 – 15:00 Volunteer Centre Drop In World Kidney Day	13 10:00 – 13:00 Local Walks with the HALE Project

#### **VCS JOBS**

Faith & Mental Health Community

**Development Worker (2 Posts)** 

Organisation: Sharing Voices Bradford

**Salary:** £23,866 - £27,358

**Hours:** 37.5

Closing date: 14th February 12:00

Community Development Worker

(Dementia/Older People)

Organisation: Sharing Voices Bradford

**Salary**: £20,541 - £23,111

Hours: 18.5

Closing date: 14th February 12:00

Keeping Active, Keeping Healthy Project

Worker

Organisation: Scholemoor Beacon

Salary: £9.92 p/h

Hours: 7

Closing date: 14th February 16:00

Project Support Officers - 2 Posts -

**Development of Carer Card & Contingency** 

Planning tool

Organisation: Carers' Resource - Bradford

Salary: £23,691 pro rata

Hours: Part time

Closing date: 17th February 12:00

**Shop Manager** 

**Organisation:** The Ark Charity Shop

**Salary:** £10.50 p/h

Hours: 18

Closing date: 17th February 23:45

**Communications Worker** 

Organisation: HALE Project

**Salary**: £6,942

Hours: 10

Closing date: 18th February 17:00

Peer Support Worker (MyWellbeing College)

Organisation: The Cellar Trust

**Salary:** £17,952 **Hours:** 37.5

Closing date: 19th February 17:00

Outreach Workers - Human Trafficking and

Modern Slavery Project Organisation: Ashiana Salary: £18,500 - £21,000

Hours: various

Closing date: 20th February 17:00

South Asian Men/BAME Community

Engagement Mental Health Worker

Organisation: Sharing Voices Bradford

**Salary:** £17,972 **Hours:** 18.5

Closing date: 21st February 12:00

Community Development Worker - Colourful

Lives Women's Project

Organisation: Highfield Community

Association, Keighley Salary: £11.29 p/h

Hours: 16

Closing date: 21st February 12:00

Centre Co-ordinator

Organisation: Womenzone Community

Centre

Salary: £24,313 pro rata

Hours: 30

Closing date: 21st February 17:00

Our jobs are brought to you via



#### **CHILDREN & YOUNG PEOPLE**

#### **Child Friendly City**

Bradford Council has agreed with partners to work towards gaining UNICEF Child Friendly City and Community status for the Bradford District. UNICEF describes a child-friendly city and community as 'a city, town, community or any system of local governance committed to fulfilling child rights as articulated in the Convention on the Rights of the Child.'

The process of becoming a Child Friendly City and Community takes between three and five years. Cities and communities are invited to take part in the initiative and initial exploration with UNICEF has shown that they are interested in Bradford becoming a Child Friendly City and Community.

Across the Bradford District the investment is expected to support a number of improvements, including:

- Joined-up policies, strategies and practice that support better educational outcomes for children and young people
- Improved services for children by introducing a clear framework that includes a child's rights based approach
- Transformations in the built environment, transport infrastructure and living spaces, with more safe and recreational spaces
- Renewal of local democracy and governance and greater empowerment of young people
- More effective use of resources by focussing on the root causes of problems, such as poor educational attainment, childhood health problems and poverty
- The profile of Bradford District through international recognition of UNICEF Child Friendly District and Community status
   More information on Bradford's plans to become child friendly.

#### **Bradford Partnership**

The new 'Bradford Partnership: Working Together to Safeguard Children' which replaces the former Bradford Safeguarding Children Board, was established after government legislation changed the national framework for how safeguarding is managed in all local authorities.

To mark the development of the partnership a new logo has been designed by young people from Queensbury Youth Club, with support from Bradford Youth Service.



#### **New Safer Bradford Website**

A new website has been developed to replace the old Bradford Safeguarding Children Board site. The site brings together the Bradford Partnership: Working Together to Safeguard Children, along with the Bradford Safeguarding Adults Board and Bradford Community Safety Partnership. Within the children and young people section, there are sections for young people, practitioners and families and friends.



#### **CHILDREN & YOUNG PEOPLE**

## Child to Parent Violence: Bradford and Keighley

A six week mirrored course for both the parent and the young person and focuses on strategies for addressing behaviour and promoting positive relationships in the home.

#### Bradford starts 25<sup>th</sup> February Keighley starts 21<sup>st</sup> April

Groups are delivered to parents and young people aged 10 - 16. 1 to 1's could be arranged for younger children. See <u>flyer</u> for further information and <u>referral form</u>

#### **Infant Mental Health training**

The <u>one-day Infant Mental Health Awareness</u> Training is delivered by highly specialist staff and is designed to provide up-to-date information. This includes:

- neurodevelopment,
- attachment theory, and
- promoting responsiveness and sensitivity in parents.

The aim is to support you in your work with families, giving babies the best possible start in life. Midwives, health visitors, Better Start Bradford Project staff and Family Hub staff are prioritised for this training. However, it is also available to those that work with parent and/or infants in the Bradford area.

Infant Mental Health In-Action is a half-day session which follows up on the material covered on the full day awareness training. (**Please note**: you must have attended the full day awareness training, prior to undertaking the in-action training.)

## IICSA events for victims and survivors

The Independent Inquiry into Child Sexual Abuse (IICSA) has arranged some Victims and Survivors Forum events for 2020. These exclusive events are open to all members of the Inquiry's Victims and Survivors Forum. Anyone who has experienced child sexual abuse can attend. All you need to do is register to join the Victims and Survivors Forum. You'll then receive an invitation to the Redress events with more information.

#### Health and Care careers fair

There is a system wide health and care careers fair for children and young people 13 - 18 being held on 4th March at Student Central in the University of Bradford. There will be a generic voluntary sector stand which will promote the voluntary sector as a place to work. To be part of this contact <a href="mailto:Janet@cnet.org.uk">Janet@cnet.org.uk</a>. You can also be an exhibitor in your own right – you will be placed with similar careers from other sectors. If you wish to do this please see the <a href="mailto:exhibitors.pack">exhibitors</a> pack and complete the <a href="mailto:booking.form">booking.form</a>

#### 'One Stop' Shop

A Health Drop In Session for Children who are Looked After aged 4 – 11 years at Westbourne Green Community Health Centre, Level 1 Communal Area, Heaton Road, BD8 8RA from 10:00 – 15:00 on **Monday 17<sup>th</sup> February.** 

Come and meet the team and catch up with your health needs. For any more details phone, the CLA office on 01274 221002 or email <a href="mailto:lac.yot@nhs.net">lac.yot@nhs.net</a>



#### **VOLUNTEERING**

#### Volunteer Recruitment Fair, Bradford College

Tuesday 25<sup>th</sup> February, 11:00 – 14:00 (arrival and set up from 10:15)

This is a great opportunity to engage with young people from many different backgrounds, studying a broad range of courses from childcare to interpreting. Whilst some students are under 18 years and taking Further Education courses, there are also many Higher Education students and adult learners so it's a fantastic chance to find the right volunteer for you.

If you would like to book a 'free' information stand at this event and talk to students about the volunteer opportunities that you have available please <u>contact us.</u>

#### Volunteer Managers' Forum

The next Bradford Volunteer Managers' Forum takes place on **Wednesday 19<sup>th</sup> February at 14:00,** in the Students Union Building, room SC0.50, University of Bradford.

This meeting is open to anyone in the local area from the third sector who coordinates or manages volunteers as part of their role.

The theme of this meeting is "supported volunteering" and there will an opportunity to meet Kirsty Powley from Bradford Volunteer Centre, to find out more about Choices, a new supported volunteering project for Bradford and District.

To book a place please contact Rosalind Coulton R.J.Coulton@bradford.ac.uk

## Tree Planting day to celebrate the tenth birthday of Bradford Doulas Saturday 21st March, 12:00 – 15:00, Lowood Scout Activity Centre, Silsden.

In 2021 Bradford Doulas will be 10 years old! To celebrate this they want to plant 500 trees as by then they hope to have supported more than five hundred babies being born to Bradford families. This event will recognise the amazing work of Bradford Volunteer Doulas and those who support them behind the scenes. Planting will take place in two stages - 250 trees this year and 250 trees next year and will include a mixture of native trees, typically Oak, Rowan, Birch, Hazel, Hawthorn, Alder. The project is being organised in partnershipp with the Aire Rivers Trust. Please come along with friends and family. Children are very welcome as long as they bring a responsible adult. You will have the opportunity to dedicate a tree you plant if you wish. Equipment will be provided, wear clothes and good footwear you don't mind getting muddy! Snacks will be provided but please bring a packed lunch if you wish. For further information see the Facebook page.

#### **Training Dates for Your Diary**

Thursday 27<sup>th</sup> February: professional boundaries & confidentiality (for staff & volunteers)

Thursday 12<sup>th</sup> March: support and supervision of volunteers

Thursday 26<sup>th</sup> March: dealing with difficult volunteers

Check <a href="https://www.cabad.org.uk/">https://www.cabad.org.uk/</a> for details



#### **VOLUNTEERING**

#### St Christopher's Good Neighbours

The Good Neighbours project is looking for volunteers to support the elderly people who attend its day care sessions. As a mini bus escort you will help people to get on and off the bus at their homes and at the centre. A reasonable level of fitness and the ability to push a wheelchair is required. Further information on the do-it website.



## British Heart Foundation Furniture and Electrical Shop

The furniture shop at British Heart Foundation is specifically looking for volunteers in the following roles:

**Cash desk:** this role requires friendly people with excellent communication skills and great experience of customer service. NVQ training is available.

**Telephone and/or administration volunteer:** this role is an opportunity to be the first point of contact for our organisation; assisting with enquiries via telephone, email and in person and organising collections of donations with team members.

**Warehouse:** this is a great role for anyone with a good level of fitness and able to move items of furniture. You will also enjoy this role if you enjoy a bit of DIY, there will be opportunities to put together flat pack items. Further information is available on the <u>do-it</u> website.

British Heart Foundation

#### Kirkgate Centre, Shipley

The Kirkgate Centre is recruiting trustees to help manage its wide programme of activities in Shipley. This is an exciting opportunity to help shape the future of the community centre as a community, arts and cultural venue and take an active role in the running and development of the centre. Further information on the <u>do-it website</u>.

#### Bradford Volunteer Centre Drop-In Details

Our drop-in days are Tuesdays from 10:00 – 12:00 and Thursdays from 13:00 – 15:00 (Perkin House, Grattan Road, Bradford BD1 2LU)

#### Other venues this month:

- Wednesday 12th February 14:00 16:00,
   Cellar Trust
- Monday 24th February 13:00 15:00, Millside Centre
- Friday 28th February 10:00 12:00, Bread & Roses

Appointments are available outside of these times at the main office and at outreach venues across the district. If you would like to meet an advisor at one of outreach centres, please contact us on <u>01274 725434</u>. We can currently offer appointments at the following:

- Manningham Library, BD8
- South Square Centre Cafe, BD13
- Cafe West, BD15
- Cardigan House, BD16
- Shipley Library, BD18
- Burley in Wharfedale Library, LS29

We also run drop-ins in a variety of community venues across City of Bradford. Please ring for details or check our social media feeds. If you are interested in hosting a Volunteer Centre drop-in please contact us

#### **OPPORTUNITIES**

#### **Business charity pancake race**

There is a very special pancake race on Shrove Tuesday! Could you be one of the local businesses, charities, organisations or groups to submit a team of four to take part in a pancake race relay around our Centenary Square course. There is a £40.00 fee for each team, find out more on their website.

#### **Outside the Box Ilkley**

Outside the box Choices offer short and long term courses that are not only fun but offer adults with learning disabilities the chance to learn new skills. Currently offering new courses including;

Independent living starting Wednesday 12th Feb 9:30 – 12:30, Happiness and Well being starting 18th Feb 9:30 – 12:30 and Meet and make starting early March.

- <u>Independent living</u> takes on a modular approach over 6 - 8 weeks starting with Managing Money, Staying safe and Personal Care.
- Happiness and wellbeing also with modular topics will start to look at managing anxiety and relaxation, writing for well being and positive relationships.
- Meet and make sessions will be run on Thursday mornings and will give people the scope to lead on building their skills in a creative way.

Courses run all year round so please take a look at the <u>course directory</u> for more information. If you are someone you know may be interested contact Lesley on <u>01943</u> <u>609692</u> or <u>lesleys.outsidethebox@gmail.com</u>

Take a look at their 2020 Course Directory!

#### \*FREE\* Preparing to work in Adult Social Care Level 1 BTEC Certificate Course, Delivered by Shipley College

#### Lower Grange Community Centre

(Chaffinch Road, Lower Grange, Bradford, BD8 0RF)

Monday 24th February 9:00 – 11:30 (Term time only)

This qualification is aimed at people interested in working in adult social care.

During this course you will develop the basic knowledge, understanding and skills needed for working in adult social care.

**Topics you will cover include:** Communication, the role of the Social Care Worker, Handling Information, Health and Safety, Safeguarding and duty of care.

#### Limited places available!

For further information or to book on to this course, please contact on <u>01274 880328</u>

See flyer for more information.



#### Volunteering Opportunity at Bradford Cathedral

Bradford Cathedral are currently looking for volunteers to help with their welcoming, hospitality and events. If you are interested you can find out more and apply today! University students can apply here - <a href="https://www.bradfordunisu.co.uk/volunteering-opportunities">https://www.bradfordunisu.co.uk/volunteering-opportunities</a>

General public can apply here - <a href="https://do-it.org/organisations/bradford-cathedral">https://do-it.org/organisations/bradford-cathedral</a>



#### **ASSEMBLY NEWS**

Unless stated otherwise all Forums are held at CNet premises and are open to anybody – if you want to become a member email <a href="mailto:wendy@cnet.org.uk">Wendy@cnet.org.uk</a>. To attend Young Lives Bradford Forum email <a href="mailto:younglivesbradford@cabad.org.uk">younglivesbradford@cabad.org.uk</a>

#### **Bradford Environment Forum**

Thursday 23 April 2020, 10:00 - 12:00

A meeting for environmental organisations and individuals with an interest in environmental issues

#### **Safer Communities Forum**

Date TBC

The Safer Communities Forum enables the voluntary and community sector to engage with statutory partners. The forum has a voice within the strategic decision making partnerships with the aim of developing solutions and shared outcomes to create a safer community for the citizens of Bradford.

#### **Community Economic Forum**

Monday 20 April 2020, 9:30 - 11:30

The CEF forum is committed to widening access to opportunities in learning, employment and social enterprise. Members have the opportunity to represent the views of the forum at district, subregional, regional and national levels and to share good practice and form partnerships and alliances as appropriate.

#### **Equalities Forum**

Date TBC

The Equalities Forum aims to ensure that equalities work (in terms of race, gender, disability, social class, sexuality, age and faith) remains an important focus not just within the VCS and Assembly structure, but that it is also embedded within statutory and private sector services.

#### **Health & Wellbeing Forum**

Monday 27 April 2020, 9:30 - 12:00

The Health and Wellbeing Forum works to ensure the involvement of the voluntary and community sector (VCS) in the development and delivery of health and social care services in Bradford district.

#### **Young Lives Forum**

The main presentation at the Young Lives forum was on Prevention and Early Help. This outlined the current situation and aspirations for the future. See <u>Lisa Brett's presentation</u>. Also see the latest <u>strategic updates</u> for information which were shared at the forum.

#### Women's Health Network

Wednesday 19 February 2020, 10:00 - 12:00

The Women's Health Network (WHN) is a collective of people living and/or working in Bradford who have an interest in issues affecting the health and wellbeing of women and their families, with a particular focus on the engagement of seldom heard voices. The Women's Health Network operates under CNet's Engaging People project. New members are always welcome.

If you are interested in attending please email <a href="mailto:yazmin@cnet.org.uk">yazmin@cnet.org.uk</a>.



#### RESOURCES

### Forced Marriage & Honor Based Violence

A **FREE** Multi-Agency learning event for any practitioner wishing to develop their skills and knowledge in this complex area of safeguarding

This one day course will cover -

- Definitions of Forced Marriage & HBV
- Consent issues
- The Civil and Criminal process
- The role of the Police, Solicitor, Immigration
   & Asylum, and Support Services
- Multi-Agency Guidance update, Recognising Your Role

#### Dates available for 2020

- Wednesday 11th March
- Wednesday 13th May
- Friday 10th July

**Venue** - Appleton House, 130 Barkerend Rd, Bradford 9:30 – 16:30

To book a place please follow the below links:

CBMDC staff please <u>click here</u> External learners please <u>click here</u>

If you have difficulty booking online please email <a href="mailto:evolve@bradford.gov.uk">evolve@bradford.gov.uk</a> Tel: <a href="mailto:01274-434503">01274-434503</a>



#### Ageing Without Children Group Bradford & District

Ageing without Children are a local group that meets the third Wednesday of the month 14:00 – 16:00 at Equality Together, Manningham Mills, BD9 5BD

### The group is open to all those ageing without children; this includes:

- Those without children
- Those whose children live far away
- Those who are estranged from their children

We also welcome organisations that wish to work positively with those ageing without children

For more information about the group please contact **Rachel** on <u>07742 521787</u> or email <u>positivemindsbradford@gmail.com</u>

For further information see flyer

#### Flexible and fair sick pay

Mind and Scope are calling for a system where we can all receive sick pay equivalent to the minimum wage from the first day we're off sick either physically and/or mentally, and is available up to a year. They have written an open letter to the Government calling for a modern sick pay system that's flexible and fair. Please support them by signing the open letter to the Government.

#### 16 - 2 - 25 Advice Advocacy Action

2A Windsor Road (next to Shipley Town Hall). Drop in is open 14:00 – 16:00, no appointment necessary The only independent specialist youth advice service in the area who offer **free and confidential support**. They can advise clients on housing, homelessness, welfare benefits, tax credits and debt.

For more information or to advertise, see poster.



#### **REGIONAL**

#### **Free Training Courses**

wefindanylearner.co.uk still have some funding that offers a wide range of free courses that might suit you, or your employees/volunteers. The courses available are all Level 2 NCFE/CACHE accredited and delivered on a distance learning platform. All courses can be completed paper based or digitally and take around 20 – 30 hours to complete.

#### The most popular courses this month are:

- Children and Young People's Mental Health
- Understanding Autism
- Mental Health Problems
- Equality and Diversity
- Behaviour that Challenges
- Understanding Safeguarding and Prevent Click Here to view all available courses.

Funded places are limited and are delivered on a first come first serve basis. Please don't hesitate to <u>contact their team</u> if you have any questions. To Book yourself on one of these courses please fill out the <u>booking form</u> and return via <u>email</u>.



## Two Day Boys/CSE Training: Identifying, Engaging & Understanding Boys & Young Men

Date: 4th and 5th March 2020

**Venue**: NWG Suite 1, Innovation House, East Service

Road, Derby DE217BF

**Fee**: £180 (This includes tea/coffee on arrival, during mid-morning, during lunch, during mid-afternoon, a buffet lunch and a PDF copy of the PowerPoint slides.)

**Booking Deadline**: 19th February 2020 For a booking form please <u>click here</u> and for further details or to enquire about commissioning this training please email <u>phil@counsellingwithphil.co.uk</u>

## Community Connector evaluation report

The new Community Connector (social prescribing) evaluation report has been completed by Sheffield Hallam University. You can view it here.

This work is part of the Living Well People workstream. If you could send this round to your networks we would really appreciate it.

Sheffield Hallam University

#### **Creating successful partnerships**

NCVO have now published the final version of Creating Partnerships for Success. You may have received a preview version in PDF format last year, you can discard this now. This publication contains useful information about importance of taking time to build relationships, agree shared values and vision, and so on. It also presents a template model structure for voluntary sector engagement in integrated care systems, but they are not suggesting that systems simply adopt this model, it's just an idea. It's also interesting to note that whilst they created this document by supporting work in integrated care systems, the lessons are applicable to any sector of public service delivery.

They are running a <u>free one-day workshop in</u> <u>Manchester on 18 March</u> for those in the sector that are **LEADING** the sector's partnership working with healthcare systems in your areas. This workshop is part of <u>Transforming Healthcare Together</u>, an emerging body of resources, tools and support. Some new case studies and other information have been uploaded here in the last few days.

#### MISSED SOMETHING?

this newsletter Find the on Community Action website: https://www.cabad.org.uk/briefingbradford

now by heading Subscribe to https://divabradford.org.uk/ and register with a user account or contact us using the details to the right.

#### BE IN THE NEXT ISSUE

your Submit content briefingbradford@cabad.org.uk by 19<sup>th</sup> February to have it in the next issue.

Advertise with us for flexible rates, get in touch with US here: briefingbradford@cabad.org.uk 01535 612500

#### **CONTACT US**

Community Action have offices at:

Perkin House, 82 Grattan Road, Bradford, BD1 2LU 01274 781222

Riddings Hall, Riddings Road, Ilkley LS29 9LU 01943 603348

Cardigan House, Ferncliffe Road, Bingley, BD16 2TA 01274 781222

Central Hall, Alice Street, Keighley, BD21 3JD 01535 612500

There are Volunteer Centre offices at: Perkin House, 82 Grattan Road, Bradford, BD1 2LU 01274 725434 23 Temple Row, Keighley BD21 2AH 01535

CNet have an office at:

609506

114-116 Manningham Ln, Bradford BD8 7JF 01274 305045

















